

Level	Title	Summary
Intermediate	Connecting the Dots between Substance Abuse and Human Trafficking	Substance use is one of the most influential techniques that human traffickers use to coerce, manipulate, and exploit their victims. Substances is commonly used to prey on the persons vulnerabilities that leads to the recruitment of labor and sex trafficking. The trafficker may recruit people by luring them with drugs and alcohol. The traffickers may target individuals with existing substance abuse issues to recruit into a trafficking situation.
Intermediate	Understanding the link between Persons with Disabilities and Human Trafficking	During this training, we will discuss how people with disabilities are often targeted for sex and labor trafficking and exploited for financial gain. You will learn more about red flags of trafficking and next steps to take if you believe that someone you know may be trafficked or is being groomed for trafficking or exploitation. Educating the community to understand what human trafficking looks like on the local, state and national levels is a vital step to combating human trafficking in the US.
Intermediate	Making Relationships that Changes Lives	This workshop features a panel of speakers who were part of a public speaking team while incarcerated as youth but were released from the institution and are currently motivational speakers nationwide. The Messengers will share their experiences on how a relationship with one caring adult impacted their lives. They will also share insights and facilitate discussions about how to make impacts on issues in the foster care and juvenile justice systems.
Newcomer	Understanding Trauma through a Grief Lens	This workshop will provide an insight for providers on how grief follows young people in and out of foster care. The presentation will provide a look at how Trauma is related to Grief, the physical and mental aspects and how they affect young people's lives in the long term. Providers can also expect to understand how their role affects youth and young adults who have foster care experience and what they can do to create change.
Newcomer	Mindfulness Through Music	We will highlight the importance of mindfulness and skills that are used as "distraction" and coping strategies through different languages of music. Audience will get a chance to label emotions through song listening and also reflect. Audience will also learn new mindfulness activities to utilize in milieu settings and at home.
Newcomer	Why Do They Do That: Understanding the Impact of Complex Trauma	Complex trauma survivors can exhibit a wide range of behaviors and symptoms which may be frightening (i.e. suicidality, aggression) and/or puzzling (i.e. desiring connection while appearing to sabotage existing relationships). Youth often do not know why this happens and without the ability to articulate their experience, adults struggle to know how to help. Using the Structural Dissociation Model, this workshop will address the "why" and provide insights for intervening effectively.
Intermediate	Mental Illness within the Foster Care System	This session will explore the culture of foster care and the impact of mental illness upon children in the foster care system with an eye toward strategies and interventions to provide person centered, trauma informed, strengths based and culturally appropriate services and supports.
Newcomer	How To Get Better Outcomes For Children with Special Needs, Transition Planning Starts Early!	Learn how to work with individual education plan teams to support students with disabilities in school to get the supports and services they need to have successful career and life outcomes after leaving school. We will dive into the world of transition planning for youth with special needs and learn how to successfully work with their transition IEP teams.
Newcomer	Cultivating Confidence: When Insecurity Impacts a Foster Parent's Identity	Many foster parents struggle with feelings of insecurity when parenting children from hard places. Join Kayla for a comprehensive, interactive session that dives into recognizing foster parent insecurities, discussing common ones such as comparison of biological family, fear of rejection, feelings of inadequacy, and more, while exploring strategies on how to conquer our self-doubt, allowing us to ultimately build confidence in our roles.

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Newcomer	TBRI: Connecting and Correcting	TBRI, or Trust Based Relational Intervention, is changing foster care as we know it. How? Because it's changing the caregiver, not just the child. TBRI is an attachment-based, trauma-informed intervention designed to meet the complex needs of vulnerable children. In this workshop, Kayla will provide an overview of TBRI, including how TBRI uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviors.
Intermediate	Housing Former Foster Youth & Child Welfare Involved Families	Former foster youth and families in the process of adoption, reunification and prevention face barriers securing stable and adequate housing. Collaboration between child welfare, housing and other partners can reduce homelessness. Moreover, housing stability can prevent reentry into "the system". The presentation will showcase how collaboration amongst various entities can assist in preventing homelessness and demonstrate how agencies can access resources to develop housing and related services.
Advanced	Finding yourself in the environment of caring for others	Finding the courage and curiosity to become the most authentic version of you. Through self-care, inner healing and courage we can find the clearest version of ourselves. After 13 years as a foster parent, and losing myself in the pursuit of caring for others I share with others the journey to finding not the person society has told you to be, but the person that excites, fuels and lights the world. As a Holistic Life Coach, Courage Coach and Business Owner, I lead by example and not hype.
Newcomer	Managing Identity Theft Risks Within the Foster Youth Community	Identity theft is a growing concern globally; however, foster youth face unique challenges that make them particularly vulnerable to this crime. This conference workshop aims to raise awareness about identity theft in the foster youth community and bring together various stakeholders involved in supporting foster youth, including professionals working with foster care systems and foster youth themselves.
Intermediate	Creating a System of Felt Safety	Adults often find themselves at a loss when working with children and families from hard places who have been impacted by prenatal trauma of FASD and postnatal traumatic events. TBRI has empirical research defining success. The Behavior Dysregulation Program outlines the specific steps needed to utilize TBRI and practical skill sets important for success. This presentation give tools for understanding and practical steps to implement.
Newcomer	Hand2Paw: A work preparedness program for transition aged youth	This presentation addresses challenges faced by youth from marginalized communities and explores the use of animal-assisted interventions for socioemotional skill development and career readiness. Hand2Paw's efforts in Philadelphia, such as paid internships for youth ageing out of foster care, working with homeless animals, contribute to systemic change.