

33rd Annual  
"Growing Pains 2021"  
*For adults and youth*

17+ CEUs  
Available!



DANIEL MEMORIAL



INSTITUTE

## National Independent Living Conference

*August 31-September 3, 2021 - Orlando, Florida*

*Exploring Best Practices and Innovations in Independent Living*

# GROWING PAINS 2021

Dear Colleagues,

I am pleased to welcome both returning and new participants to the 33rd Annual National Independent Living Conference, hosted by the Daniel Memorial Institute, in the magical city of Orlando, FL. We are thrilled you are here to participate in this spectacular annual event!



I want you to know that even in the midst of these challenging times, we have continued being diligent in our efforts to provide you with the most knowledgeable, compelling speakers and educators from around the country to enhance your IL training experience. In addition, all of the conference workshops are designed to provide solutions to the most critical issues and challenges that directly affect the youth we serve.

Over the next few days, you will learn about a comprehensive variety of evidenced-based and promising practices that will help you promote improved outcomes for the teens in your independent living and group home settings. I am confident this conference will also offer you great networking and growth opportunities with experts who are eager to share their applicable experiences.

We hope you will thoroughly enjoy this conference and leave feeling it was the "best one yet!"

With Warm Regards,

*Lesley Wells*

Lesley Wells, President/CEO  
Daniel Memorial, Inc.



## Do you need CEU's for licensure/credentials?

Make sure to pick up a CEU form from the conference registration desk and fill in each of your selected workshops. After attending each session, have facilitator or any conference staff sign off on the form. To receive credit for your attendance, follow the additional instructions provided to submit your completed CEU form.

## Continuing Education Units

Daniel Memorial is approved for CEUs by the Florida Board of Clinical Social Work, Marriage and Family Therapy, Mental Health Counseling and Certified Master Social Worker. Provider # 50-481, expires 03/31/23. Individuals needing CEU filing will be assessed an administrative fee of \$15. *It is your responsibility to contact your local licensing/certification board directly to determine CE eligibility and filing requirements in your state.*

## Conference Hotel

Hotel charges are not included in conference registration fee.

This year's conference will be held at the **Rosen Centre Hotel** (9840 International Drive, Orlando, FL 32819). In addition to an array of recreation activities onsite, the hotel offers the perfect base to explore Orlando's world-famous attractions—all within minutes.



Reservations can be made online or by calling the Rosen Centre Hotel directly at 800.204.7234. Reference Daniel Memorial when making reservations in order to secure the group rate). \*See below for deposit and cancellation policy.

Discount Room Rate: \$110.00 per night (single or double) – Reservations must be made by **Monday, August 9, 2021** in order to guarantee the discounted group rate. After that date, reservations will be accepted on a space available basis at the discretion of the hotel.

\*In order to confirm a room, the hotel requires a first night deposit in advance of the conference start date. Checks, cash and major credit cards are acceptable to establish prepayment.

**Parking:** Fees waived for conference attendees

## Conference Questions? Contact Information:

### Daniel Memorial Institute

Stephanie Waugerman, Associate Director of Conferences  
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# SCHEDULE AT A GLANCE

## TUESDAY, AUGUST 31, 2021

9:00 am - 6:00 pm	Registration/Information Booth Open
10:00 am - 3:00 pm <i>(Concurrent Sessions)</i>	Pre-Conference Institutes <i>(lunch on your own)</i>
7:00 pm - 8:00 pm	Welcome Dessert Reception

## WEDNESDAY, SEPTEMBER 1, 2021

7:30 am - 4:00 pm	Registration/Information Booth Open Exhibitor/Resource Fair Open
9:00 am - 10:15 am	Opening General Session
10:30 am - 12:00 pm <i>(Concurrent Sessions)</i>	Session A Adult Workshops Youth General Session
12:00 pm - 1:00 pm	Lunch <i>(provided)</i>
1:00 pm - 2:30 pm <i>(Concurrent Sessions)</i>	Session B Workshops
2:45 pm - 4:15 pm <i>(Concurrent Sessions)</i>	Session C Workshops

## THURSDAY, SEPTEMBER 2, 2021

8:00 am - 3:00 pm	Registration/Information Booth Open Exhibitor/Resource Fair Open
9:00 am - 10:15 am	General Session II
10:30 am - 12:00 pm <i>(Concurrent Sessions)</i>	Session D Workshops
12:00 pm - 1:30 pm	Lunch <i>(On your own)</i>
12:30 pm - 1:15 pm	Bonus Session <i>(Adult):</i> Lunch ‘ n Learn (ILS)
1:30 pm - 3:00 pm <i>(Concurrent Sessions)</i>	Session E Workshops

## FRIDAY, SEPTEMBER 3, 2021

8:30 am - 12:00 pm	Registration/Information Booth Open Exhibitor/Resource Fair Open
9:00 am - 10:30 am <i>(Concurrent Sessions)</i>	Session F Workshops
10:30 am - 12:00 pm	General Session III <i>Brunch Served</i>

## IMPORTANT CONFERENCE INFORMATION

*Please read!*

### Workshop Locations

Each workshop description includes the specific room location of that workshop. See meeting space map for details.

### Adult, Youth or Mixed Workshops

Adult or Youth workshops are determined by the appropriate topics applicable (not necessarily by age). Adult workshops are geared to professionals working with youth in independent living and foster care programs whereas the youth workshops are geared to those needing to develop the skills necessary to transition into independent living. We also offer mixed workshops appropriate for both adult and youth audiences.

### Conference Attire

For adults: business casual. Youth: acceptable casual wear is jeans, t-shirts, sundresses, appropriate shorts. Shorts, skirts, dresses, or skorts, should be at least mid-thigh. Undergarments should not be visible. No droopy pants or exposed midriffs.

### Meals

Light breakfast and refreshments will be provided for attendees on Wednesday and Thursday mornings. Selections will include bagels, muffins, croissants, danish, breakfast breads, coffee, tea and juice. *For alternate selections, please visit the nearby eateries.*

Lunch will be provided on Wednesday. Beverages will be available on Tuesday and Friday mornings and brunch will be served during the closing session on Friday. *Special dietary meal requirements must be arranged with the conference director at least 24 hours prior to the meal function. Requests made without sufficient notice may not be accommodated.*

### Evaluations

To help us plan for future conferences, we ask you to complete the evaluation form as you go through each day (found in your conference packet) and return it to the registration desk at the end of the conference. This information is very helpful in planning future successful events. It is *imperative* that you include the workshop number in order to know how the feedback relates to which session.

### Certificate of Attendance

Complimentary Certificates of Attendance will be available to all attendees at the Information Booth on Friday, after the closing session.

### Recycling

We happily reuse name badges! Before you leave to go home from the conference, drop your badge at the registration desk for recycling.

# KEYNOTE SPEAKERS



**Michael Sanders**

Michael is an optimist who believes that every teen has potential. He has spent the last 30 years of his life being a huge FAN of teenagers. As a national speaker, Michael travels extensively, motivating nearly 100,000 teens every year to be and do their best. His mission is simple, “to help every teen discover their PASSION, find their VOICE and make a DIFFERENCE!”



**Jamole Callahan**

Jamole is an international motivator and dynamic foster care advocate who has taken his foster care experience and transformed it into motivating people to live their best lives. His voice has provided coping techniques for youth, helping companies to thrive in their culture, passing legislation benefiting current and future youth in foster care and motivating us to live fulfilling lives all through the power of speaking up.



**Adrian M. McLemore**

Adrian McLemore was a previous Daniel Memorial Conference youth attendee for several years. Now armed with a commanding stage presence and a compelling life story that combines humor and humility. Adrian has inspired and delighted audiences across the country for more than a decade as a professional speaker and trainer. Adrian encourages his audiences to embrace the challenges of life and strive to see the bigger picture. Widely known for being authentic on stage and having a unique gift to connect with his audience; especially young people. Adrian seeks to live out his passion of serving others with his talents, expertise and education.

The Rosen Centre Hotel has generously offered to sponsor 2 complimentary one-day I-Ride Trolley Pass, per guest room, to use during your stay in Orlando!

## **What is the I-RIDE Trolley Service?**

The I-RIDE Trolley is the exclusive, convenient and affordable transportation to hundreds of exciting destinations within the International Drive Resort Area. Visit the Official I-RIDE Trolley website at [www.iridetrolley.com](http://www.iridetrolley.com).

By using the area's exclusive and convenient I-RIDE Trolley service you can sit back and ride up and down the miles of fun that make up the International Drive Resort Area.

Discover how this wonderful, cost-saving amenity takes the parking and driving hassles out of your vacation and lets you cruise the Drive in charming style.

\* When Does the I-RIDE Trolley Operate? Daily from 8:00 a.m. - 10:30 p.m.

\* Where Does the I-RIDE Trolley Go? The I-RIDE Trolleys travel exclusively throughout the International Drive Resort Area. Refer to the I-RIDE Trolley Route map for specific locations of Red Line and Green Line Stops.



10:00a-3:00p

Registration Location: *Registration Desk 2 - Lunch is from 12:00 pm to 1:00 pm (on your own)***P1 (Adult)**

Location: Salon 11

**Developing A Comprehensive Transition System Of Care For Older Youth**

Spend a day with one of the highly respected veterans in the field of independent living. Learn how to develop a continuum of successful independent living services from pre-independent living preparation for foster youth to a variety of living arrangement options for teens going out on their own. Mark Kroner has been passionately involved in the Independent and Transitional Living fields for over 30 years as a 21 year program director, life skills trainer, national advocate, researcher and consultant. He has trained thousands of professionals nationwide and will share his ideas on training, housing, funding, permanency outcomes and getting the whole system involved. If you are starting an independent living program or are looking for ways to enhance your existing program, then this institute is for you. *Presented by: Mark Kroner*

**P2 (Mixed)**

Location: Salon 12

**2021 Generation-Z Mental Health Check-in and Check-up**

Generation Z is growing up during some of the most unprecedented times. While their generation is known for being digital natives, they are also known for high numbers of anxiety and depression. This workshop will help attendees understand the difference between mental health and mental illness along with understanding trauma and how it can have long-lasting health impacts. The workshop will give attendees the ability to express how the Covid 2020 pandemic has impacted them and the world around them. The workshop is very interactive. *Facilitated by: Dolores King*

**P3 (Youth)**

Location: Salon 13

**To Infinity and Beyond!**

This workshop is full of Excitement, Adventure, Exploration, Empowerment and Problem solving. Join us as you "REACH FOR THE SKY."

*NOTE: This workshop will be held off-property. Attendees will meet in the designated space and then be transported to the event. Facilitated by: Stacia Burlingame, Doris Edelmann and Julie Pennington*

**KEY TO WORKSHOP NUMBERING:**

**P:** The letter indicates the session (P = Pre-conference, A = A sessions, B = B sessions, etc)

**3:** The number represents the sequential session number

**(Audience)** The parenthesis indicates the intended audience (Adult, Youth or Mixed)

**Welcome Dessert Network Reception**

7:00-8:00p

Location: Signature 1



*Join other conference attendees to reacquaint with old friends and make new ones during this great networking opportunity.*

7:30a-4:00p

10:30a-12:00p

**Location: Registration Desk 2**  
 Registration/Information Booth Open  
*Breakfast breads and refreshments provided*  
 Exhibit Area Open  
**Location: Executive Ballroom**

9:00a-10:15a

**Opening General Session by The Daily JAM**

**Location: Executive Ballroom**  
**Generational Culture Tags**  
 What if we told you that you can have fun and learn at the same time? What if we told you that we took music, sprinkled in some pop culture and added our own signature comedy to form “The Daily JAM ‘Youth Culture’ Show. This show takes you on a ride as teens remind adults how valuable and fun youth culture can be. Hosted by three immature former teens...are you game???

*The Daily JAM provides exclusive, experiential learning experiences for youth, families and professional audiences through podcasts, keynote presentations, workshops, coaching and consulting all to help adults become FANS of teens!*

*Join the fellas as they take you on a roller coaster ride of understanding one of the most misunderstood populations in our society: TEENAGERS! They love us, hate us, and want to be rid of us; and that’s all before we’ve dropped them off at school in the morning.*

*The teen gurus lend a voice and provide a blueprint for engaging the ‘carbon copies’ of our former selves. Or did you forget you were once a teen too?*



**A1 (Adult)**

**Location: Salon 11**  
**Is IL Really Working? I Sure Am!**  
 Are you an agency executive or program director? This popular open-forum, roundtable discussion will be a chance for those in the field to share thoughts and ideas on the challenges and successes of their independent living programs. Join in to learn about other approaches as well as to share your own.  
*Facilitated by: Mark Kroner*

**A2 (Adult)**

**Location: Salon 12**  
**Is Fear of Change Blocking Your Growth?**  
 Are you secretly hoping that others will change so you don’t have to? Change is something none of us want to do. UGH! Forget everything you have ever heard about change in the past! After coming to this presentation, you will be LOOKING for things to CHANGE in your life because you can’t wait for it to happen!  
*Presented by: Tammy Guns*

**A3 (Adult)**

**Location: Salon 13/14**  
**Online Life Skills: Design & Results of Life Skills Reimagined**  
*(to be repeated during C sessions - C2)*  
 Providing life skills education is way too hard. Life Skills Reimagined is an innovative approach to overcoming many of the hurdles facing life skills

implementation. Learn about its evidence-informed design, the use of technology to overcome implementation challenges, evaluation considerations and program effectiveness. Implementation leads from two organizations will share lessons learned and answer questions about their experiences.  
*Presented by: Stephanie Savely, Brandie McCabe and Lorraine Wilbur*

**A4 (Adult)**

**Location: Salon 15/16**  
**Special Population Youth**  
 Working with high-risk & special populations youth require additional considerations to make sure advocacy on their behalf is a well-rounded approach to providing services, support, and relational connections as they transition out of foster care. Special population for the purposes of this presentation is intended to focus on Victims of Human Trafficking, LGBTQ+, Chronic Runaways, High Delinquency involvement, and Youth with Mental Health Conditions. This is an interactive workshop to provide strategies that have worked in our Circuit, resources for practical services, and wisdom of lived experience.  
*Presented by: Ginger Rockey-Johnson and Tammy Miller*

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**(Audience)** The parenthesis indicates the intended audience (Adult, Youth or Mixed).

**A5 (Adult)**

**Location: Salon 17/18**  
**Embracing The Winds of Change - Adjust Your Sails**

Are the changes in today’s world an opportunity for prosperity or a pain in the neck? Many leaders of today are struggling with how to direct change while benefiting from it. When it comes to change there are many challenges from how we get started, to how the change will be perceived by the public and embraced by your team. In this program, we will discuss how leaders can effectively implement, lead and navigate people through the uncertainties of change and respond to marketplace shifts. *Presented by: Johnny Campbell*

**A6 (Mixed)**

**Location: Salon 20/21**  
**Hiring, Supporting and Retaining Quality Staff**

*(to be repeated during B sessions - B2)*  
 Professional qualifications, hiring and training are crucial components of many evidence-based practices (EBPs). Using implementation science frameworks, we can apply workforce-relevant EBP components to individualized organizational programs that ensure the most robust, consistent and successful workforce possible. This interactive session will incorporate participant experiences through collaborative discussions to identify specific talent challenges, and explore how EBP components and implementation frameworks can help organizations manage both planned and unanticipated change-processes with greater intention and ultimately, success. *Presented by: Peggy McElgunn and Zachary McElgunn*

**A7 (Youth General Session)**

**Location: Executive Ballroom**  
**Creating the Soundtrack to YOUR Life**

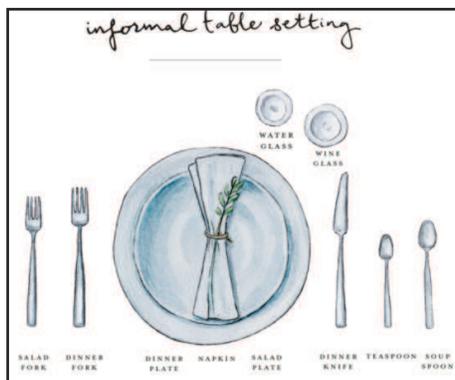
*“Music can change the world because it can change people.” ~Bono*

Regardless of who your favorite artist is or the type of music you listen to, Missy Elliott reminds us that “music should be your escape.” This session is designed to help you to use your favorite music, not just to escape, but also to create a soundtrack to your life. *Presented by: The Daily JAM*

12:00p-1:00p

**Location: Grand A/B**  
**Lunch Provided**

Please enjoy this time to relax, network with other attendees and share your ideas and successes with your colleagues.



1:00p-2:30p

**B1 (Adult)**

**Location: Salon 11**  
**Permanency Isn't Always Permanent: The Role Of The IL Field In The Permanency Process**

Persistent permanency efforts around the country have made an impact on connecting many child welfare children and youth with hopefully lifelong connections. However there are still close to 20,000 youth aging out of foster care to life on their own, not far off from the number aging out when the field was created in 1986. Who are these young adults and how can Independent Living Services help them achieve the best possible outcomes as they leave care. *Presented by: Mark Kroner*

**B2 (Adult)**

**Location: Salon 20/21**  
**Hiring, Supporting and Retaining Quality Staff**

*(repeat of session - A6)*  
 Professional qualifications, hiring and training are crucial components of many evidence-based practices (EBPs). Using implementation science frameworks, we can apply workforce-relevant EBP components to individualized organizational programs that ensure the most robust, consistent and successful workforce possible. This interactive session will incorporate participant experiences through collaborative discussions to identify specific talent challenges, and explore how EBP components and implementation frameworks can help organizations manage both planned and unanticipated change-processes with greater intention and ultimately, success. *Presented by: Peggy McElgunn and Zachary McElgunn*

**B3 (Adult)**

**Location: Salon 13/14**

**Racing toward the NYTD Finish Line: From Process to People**

Join the Indiana NYTD Pit Crew on our race toward success. Every race has challenges. Explore the bumps in the road that Indiana has endured and the strategies they have used to overcome them, including authentic youth engagement, implementing youth voice, contracting services, building a team mentality and more. The changes made have led to Indiana's increased success. Each lap of the presentation will address a winning strategy for anyone in this race to finish strong. Join us for an interactive presentation and move your NYTD Team to Victory Lane. *Presented by: Anisa Evans, Christine Singleton and Jennifer Cavalcanti*

**B4 (Mixed)**

**Location: Salon 15/16**

**Family Search and Engagement for Lifelong Connections**

Join us for a journey into the power of family connection. This session focuses on the importance of kinship and family connections - something that every youth needs and deserves. We break down the session into not only how to locate family members, but also dive into techniques for deep, meaningful family engagement. And we end with how to solidify those lifelong connections. Participants will walk away with concrete tools to assist the youth they serve. Our techniques are rooted in evidence, and we're continually striving for constant peer learning. *Presented by: Ian Forber-Pratt and Melanie Moredock*

**B5 (Mixed)**

**Location: Salon 17/18**

**I'm 18, Now What? Transition Planning and Support for Youth**

Not all youth in foster care return home once they turn 18. Some decide to remain in care and others are not fortunate to have any support once they turn 18. How do you provide care for these individuals? This session will focus on providing transition planning services and preparing the youth for life after foster care. *Presented by: Monica Jeffcoat and Deonna Brown*

**B6 (Youth)**

**Location: Salon 19**

**What Lies Beneath?**

Life always throws curve balls! What will you do with the balls? Will you let them hit you? Will you catch them? Will you dodge them? The choice is yours. In this session, we will work through the curve balls that come in your finances, your relationships, and your future. You will leave out with a clear picture of the balls being thrown at you and steps you can take to make the most out of them. *Presented by: Oliver Green and Marquita Green*



**B7 (Youth)**

**Location: Salon 20/21**

**Hey, "SUP"??? I'M A Superhero**

Join in this workshop for a very interactive and 'out of this world' experience hosted by conference veterans! In this workshop you will explore your strengths, and find YOUR super powers! *Presented by: Stacia Burlingame, Doris Edelmann and Julie Pennington*

2:45p-4:15p

**C1 (Adult)**

**Location: Salon 11**

**Circle Of Security Parenting**

Circle of Security Parenting (Abbreviated) will introduce participants to core needs that all children have. Since behavior is the language of an unmet need, participants will learn to read some of the cues and miscues that children and caregivers send to express a need or hide a need. Participants will also recognize ruptures and learn how to make repairs in relationships. Lastly, participants will increase their confidence in regulating stressful emotional states. *Presented by: Connie Pierre-Antoine*

**C2 (Adult)**

**Location: Salon 12**

**Online Life Skills: Design & Results of Life Skills Reimagined**

Providing life skills education is way too hard. Life Skills Reimagined is an innovative approach to overcoming many of the hurdles facing life skills implementation. Learn about its

evidence-informed design, the use of technology to overcome implementation challenges, evaluation considerations and program effectiveness.

Implementation leads from two organizations will share lessons learned and answer questions about their experiences. *Presented by: Stephanie Savely, Brandie McCabe and Lorraine Wilbur*

## C3 (Mixed)

**Location: Salon 13/14**

### Providing Opportunities for Authentic Youth Engagement

Join members of the Indiana Youth Advisory Board to learn about the benefits of authentic youth engagement and including youth in policy and programmatic decision making. Learn how Indiana implements authentic youth engagement strategies within their foster care and extension of foster care programs. Trainers will demonstrate how Indiana creates opportunities for youth to take healthy risks that results in teachable moments, promotes youth-adult partnerships, and values youth voice at all levels within the foster care system. Trainers will also show how authentic youth engagement demonstrates a commitment to an inclusive process geared toward advancing equitable outcomes.

*Presented by: Megan Tribble, Justin Hayden and Stephanie Knight*

## C4 (Mixed)

**Location: Salon 20/21**

### Balance in Leadership

This workshop develops a pathway for youth and adult partnerships, whether that includes professionals and/or guardian, etc. The workshop provides a strategy for adults to establish positive relationship within learning environments. The impact of antisocial behavior and the interaction with human behavior will be discussed to enhance skills for professional development and

program quality. Both youth and adults will become more aware of a healthy working relationship, preventative measures and structure in ultimately assisting youth to reach competency and adapt to life's ever-changing situations.

*Presented by: Joy Currence*

## C5 (Mixed)

**Location: Salon 17/18**

### COVID-19/ Social Injustice: How do we Thrive? SEL Edition

*(to be repeated on Friday morning - F2)*

Identify the traumatic impact of COVID-19 on yourself and your students. You will leave empowered with skills and self-care resources to help thrive through the health and racial pandemics. Participants will be equipped with effective methods on how to build healthy relationships and ways to utilize resources to assist and cope with crisis. *Presented by: Robens Chery*

## C6 (Youth)

**Location: Salon 19**

### Connection Seeking: The Importance of Relationships

This workshop is an interactive workshop focused on research on the importance of connections and relationships in healing from trauma. The workshop will include practical application of interventions and activities to connect with young adults and prepare them for gaining and maintaining healthy long term relationships and connections with others. In addition the workshop will explore how young adult behaviors can be misunderstood as attention seeking when they are really connection seeking.

*Presented by: Melissa Briggs*

## C7 (Youth)

**Location: Salon 15/16**

### Cómo Las Redes Sociales Pueden Influir A Su Patrono- Los tiempos de Covid

Las plataformas de medios de comunicación social pueden ser herramientas para conectarse con compañeros de trabajo y clientes, pero también pueden servir como distracciones en el trabajo. Compartir "demasiado" también puede afectar su carrera. En este taller exploraremos los riesgos que tomamos si no somos cuidadosos con la información que compartimos en las redes sociales. Se discutirán varios temas, incluyendo entrevistas de trabajo virtuales y trabajando desde la casa. *Presented by: Sandra Santiago-Conyers*



8:00a-3:00p

**Location: Registration Desk 2**  
 Registration/Information Booth Open  
*Breakfast breads and refreshments provided*  
 Exhibit Area Open  
**Location: Executive Ballroom**

9:00a-10:15a

## General Session by Jamole Callahan

**Location: Executive Ballroom**  
**Coming in2 your Greatness**

This upbeat fast paced conversation will bring young adults and adults to one common goal, preparation for life after care. Strap in as Jamole takes you on a journey highlighting the masterpiece that is in you.



10:30a-12:00p

### D1 (Adult)

**Location: Salon 11**  
**Housing Options For Independent/Transitional Living Programs**

This IL veteran will share his experiences and research on housing for youth aging out of foster care. Learn about various housing options, funding sources, common problems, supervision risk-management, dealing with landlords, measuring outcomes and more. Come with any and all questions about how to develop housing for older youth in your community. *Presented by: Mark Kroner*

### D2 (Adult)

**Location: Salon 12**  
**Moral Injury and Systemic Factor (Part 1 of 2)**

Moral Injury refers to a profound change in or betrayal of one's sense of right and wrong; injury to one's moral conscience resulting from an act of perceived moral transgression creating deep emotional shame. This concept is widely acknowledged relating to military personnel and active combat; this training will apply the same idea to system-involved families and service providers. We will explore how a person's race, gender, and/or socioeconomic status impacts their experience with government interventions and service providers. *Presented by: Michelle Seymore and Ed Morales*

### D3 (Adult)

**Location: Salon 20/21**  
**Pathological Demand Avoidance for Parents and Professionals**  
*(to be repeated during the E sessions - E1)*

Pathological Demand Avoidance (PDA) is an Autism profile which occurs when anxiety drives behavior. This may include repeated noncompliance, rule following to the extreme, etc. Participants will learn about Pathological Demand Avoidance and will leave with strategies to assist their children or clients with PDA to de-escalate and problem-solve. 1. Participants will learn to recognize when PDA may be a reason for behavioral issues; 2. Participants will learn de-escalation techniques; 3. Participants will leave the seminar with tools and strategies to assist in providing support and teamwork. *Presented by: Melissa Packwood, M.S. Ed.*

### D4 (Mixed)

**Location: Salon 15/16**  
**Making Change Happen: Effective Advocacy**

In this workshop, Glenda and Tyler will share a little bit about their stories and how that has led to multiple policy changes in Kentucky. They will walk attendees through how to effectuate change at the local and state level successfully. Additionally, they will talk about how they have been able to help create statewide change with the passage of new laws and how that has impacted youth statewide! *Presented by: Glenda Wright and Tyler Hunter*

### D5 (Mixed)

**Location: Salon 17/18**  
**Traveling The Road To Independence**

With new obstacles emerging along the way, the road to independence is not typically smooth for current and foster

youth. Demonstrating this is a panel of youth and young adults ranging from early high school to post-graduate school who will share not only the roadblocks they've faced, but also the tools and resources they've used to progress in their personal and academic lives in spite of their challenges. *Presented by: Dr. Althea Blake*

**D6 (Youth)**

**Location: Salon 19**  
**Invest in your future! From a Certified Professional Life Coach (Part 1 of 2)**

This workshop will enlighten young adults about the importance of financial literacy, education, careers and vision boards. We will cover simple but effective layouts on how to set realistic goals with deadlines dates and how to identify supportive people that would hold them accountable. This workshop is interactive and encourages participation from attendees. *Presented by: Alphonza Bush, Jr.*

**D7 (Youth)**

**Location: Salon 13/14**  
**Recipe For Success**

Is your recipe a smoothie transition to independence? Join these presenters and learn how to recognize key ingredients for success in this interactive workshop. *Presented by: Stacia Burlingame, Doris Edelmann and Julie Pennington*

12:00p-1:30p

**LUNCH (on your own)**

**There are several restaurants inside the Rosen Centre Hotel at varying price points. Additionally, there are numerous dining options and eateries right outside of the hotel on I-Drive. Grab a friend and break bread together.**

*Use on I-RIDE coupon to visit Pointe Orlando for a number of dining options.*

12:30p-1:15p

**LUNCH 'N LEARN**

**Location: Salon 11**  
**Introduction To ILS v.10**

Bring your lunch to enjoy as you learn about this amazing program! The Independent Living Skills system (ILS) is a 16-category assessment designed for individuals 14 years and older. The system begins with the administration of the life skills assessment and identifies the specific skills the client needs to improve. The results allow you to assist them with individualized transition plans. See what a difference ILS can make for your agency! *Presented by: Bob Rooks*

**Bonus Session!**

1:30p-3:00p

**E1 (Adult)**

**Location: Salon 20/21**  
**Pathological Demand Avoidance for Parents and Professionals (repeat of session D3)**

Pathological Demand Avoidance (PDA) is an Autism profile which occurs when anxiety drives behavior. This may include repeated noncompliance, rule following to the extreme, etc. Participants will learn about Pathological Demand Avoidance and will leave with strategies to assist their children or clients with PDA to de-escalate and problem-solve. 1. Participants will learn to recognize when PDA may be a reason for behavioral issues; 2. Participants will learn de-escalation techniques; 3. Participants will leave the seminar with tools and strategies to assist in providing support and teamwork. *Presented by: Melissa Packwood, M.S. Ed.*

**E2 (Adult)**

**Location: Salon 12**  
**Moral Injury and Systemic Factor (Continuation of D2)**



**E3 (Mixed)**

**Location: Salon 11**

**A Trauma-informed Approach to Address Social Determinants of Health**

Social Determinants of Health (SDOH) have a tremendous impact on quality of life. Healthy People 2030 has outlined five key areas that when addressed, can improve the lives of everyone in the world. Youth aging out of foster care often face many barriers. SaintA's Youth Transitioning to Adulthood Program operates on Five Pillars of Stability. Our Five Pillars, similarly to SDOH, are a deliberate approach by our organization to take a trauma-informed approach to serving our youth. *Presented by: Demonte Dismuke*

**E4 (Mixed)**

**Location: Salon 15/16**

**Building Relationships and Understanding Youth Culture**

This interactive workshop is designed to empower participants by providing insight into the ways that young adults conduct their lives and culture around our youth. The concept behind youth culture is that adolescents are a subculture with norms, behaviors, and values that often times differ from the main culture of older generations within a society. We will work to better understand and explore the changes in today's youth culture. We will explore common youth culture examples and how understanding those actions and attitudes can help us build better and meaningful relationships with youth. *Presented by: Daniel Woodruff and Benafsha Tasmim*

**E5 (Mixed)**

**Location: Salon 13/14**

**Bridges: The Link Between Emancipation and Self-Sufficiency**

Bridges is a program designed to provide support to youth aging out of foster care by assisting them to become self-sufficiency. The goals of the workshop are to; 1) describe the program, eligibility requirements, and funding sources; 2) discuss the participants' seven life domains, their 3-year plan, and case-management services; 3) engage workshop participants in developing a Bridges Plan; and 4) view videos of Bridges participants as they experience the transition into adulthood. *Presented by: Betty Crafter*

**E6 (Youth)**

**Location: Salon 19**

**Invest in your future! From a Certified Professional Life Coach (Continuation of D6)**

**E7 (Youth)**

**Location: Salon 17/18**

**The Art Of Speaking From The Heart**

Join for an high energy and highly engaging workshop that focuses on building confidence, modeling self-advocacy via a variety of skills based challenges. This workshop provides a positive, safe and supportive platform to connect and feel empowered. *Presented by: Michael Guinn*



8:30a-12:00p

Information Booth Open  
**Location: Reg Desk 3**

### Luggage Drop

**Location: Signature 1**

For those attendees that will be checking-out of the hotel on Friday, and leaving after the Closing Session, we will provide a luggage storage area beginning at 8:30am.

All luggage will need to be retrieved by 12:15pm. Any items remaining after that time will be relocated to the hotel lost and found area.

## F2 (Mixed)

**Location: Salon 12**  
**COVID-19/ Social Injustice: How do we Thrive? SEL Edition**  
*(repeat of session C5)*

Identify the traumatic impact of COVID-19 on yourself and your students. You will leave empowered with skills and self-care resources to help thrive through the health and racial pandemics. Participants will be equipped with effective methods on how to build healthy relationships and ways to utilize resources to assist and cope with crisis. *Presented by: Robens Chery*

## F3 (Mixed)

**Location: Salon 13/14**  
**Developing a Leader**

This workshop will be a creative and engaging way of exploring Leadership styles. The focus will be around understanding Leadership theories, developing leadership practices, and building skills such as creativity, flexibility and spontaneity. The workshop will bring together professional leaders and emerging young adult leaders to share lived experiences and gain perspectives. *Presented by: Melissa Briggs*

## F4 (Mixed)

**Location: Salon 15/16**  
**Making The Transition Into Independent Living**

This workshop has, at its core, a view of an appropriate "mindset" to have while making plans for transitioning into Independent Living for youth. Highlighting the comparisons between Adolescent mindset (Dependent Care) with Young Adult mindset (Independent Care). During the workshop, the presenter will facilitate the discussion towards how current staff and agency have the care and resources to insure they 'set sail on the right ship'. *Presented by: William (Billy) Boone*

## F5 (Mixed)

**Location: Salon 17/18**  
**Stories from Frontline Advocacy: Working Alongside Victims of Human Trafficking**

Parents with lived experienced in caring for Children & Youth with lived experience as Victims of Human Trafficking share stories and lesson learned on what works and what is not helpful to a life of recovery. The team will cover; mental health that is helpful, warning signs & red flags, court orders to help, escalating behaviors, meaningful services, frontline focus & plan to healing, working with the youth and legal advocacy. All the adults are professionals in the child welfare system who work with, as well as parents of kids, with Special Population Teens with mental health, substance abuse, delinquency, human trafficking, and educational concerns. *Presented by: Ginger Rockey-Johnson and Tammy Miller*

9:00a-10:30a

## F1 (Mixed)

**Location: Salon 11**  
**Working with Sexually Trafficked and Exploited Youth**

It is estimated that the rate of sexual exploitation of youth in foster care is as high as 90%, and yet workers and allied professionals are often under-equipped, under-trained and under-supported when it comes to identifying, addressing and supporting youth who have been or are currently being exploited or trafficked. In this session, we will dive deep into supporting sexually exploited and trafficked youth. We will discuss how exploitation and trafficking happen, what youth need, and how we can do our best work to support those needs in transformative ways. *Presented by: Ed Morales and Michelle Seymore*



**F6 (Mixed)**

**Location:** Salon 19

**NexusPATH-Supervised Independent Living: How it Started and Where It's Going**

Learn more about the 18+ Continued Care Program and Supervised Independent Living (SIL) in the state of North Dakota. A brief history of the North Dakota 18+ Program will be provided, including a discussion regarding the more recent expansion which approves supervised independent living programs as living arrangements for eligible youth. Hear the firsthand narrative from a Licensed Placing Agency regarding the creation of program policy, the implementation of policy into practice, the role of engaging community partners, and strategies for participant success after just over a year of programming. *Presented by: Brooke Biederstedt, Nick Roeder and Genesis Paul*

**F7 (Mixed)**

**Location:** Salon 20/21

**FLITE Center: Replicable Transition-to-Independent Living Collective & Social Impact Initiative**

The FLITE Center is a centralized drop-in resource center for transitioning youth and the convener of a collaborative system of care that supports youth in achieving independence. As FLITE Center's experience can inform others, this workshop presents the project's development, implementation, and outcomes and offers replication strategies. Attending participants will (1) learn FLITE Center's programmatic components, (2) understand an integrated, community-based, and multi-stakeholder system of care approach to successfully support youth transitioning to independent living, and (3) examine practical application for similar collective and social impact initiatives. *Presented by: Christine Frederick, Cara Malave and Stephen Ferrante*

10:30a-12:00p

Cap off your conference experience by joining us for this closing session.

Enjoy a delicious brunch while viewing a slide show of the week's activities.

**Bring your tickets for door prizes!**



**General Session by The DailyAM**

**Location:** Executive Ballroom

**No Cap, We Gonna Recap!**

In the closing session, the fellas will take us back down memory lane of our conference experiences. Highlighting the major conference messages using visuals and a special playlist curated by youth who attended this conference.





Florida's Protection and Advocacy System

**Free and confidential services including:**

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**For more information:**

**800-342-0823**  
**TDD 800-346-4127**

[www.DisabilityRightsFlorida.org](http://www.DisabilityRightsFlorida.org)



**REDEFINING NORMAL**



**HOW TWO FOSTER KIDS BEAT THE ODDS AND DISCOVERED HEALING, HAPPINESS AND LOVE**

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[info@re-definingnormal.com](mailto:info@re-definingnormal.com)

**REDEFINING NORMAL**

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 @re.definingnormal

**EXHIBITORS / RESOURCES**

**Disability Rights Florida**  
[www.DisabilityRightsFlorida.org](http://www.DisabilityRightsFlorida.org)  
Tallahassee, FL



**Sunshine Health**  
[www.sunshinehealth.com](http://www.sunshinehealth.com)  
Tampa, FL



**Central Missouri Foster Care and Adoption Association**  
[www.mofosteradopt.com](http://www.mofosteradopt.com)  
Jefferson City, MO

**Principle Life Youth Development**  
[www.principlelife.org](http://www.principlelife.org)  
Sunrise, FL

**Daniel Memorial Inc / Daniel Memorial Institute**  
[www.danielkids.org](http://www.danielkids.org)  
Jacksonville, FL

**Quiet Elegance**  
[www.quieelegancedesigns.com](http://www.quieelegancedesigns.com)  
Orlando, FL

**Keys to Independence**  
[www.keystoindependencefl.com](http://www.keystoindependencefl.com)  
Orlando, FL

**Redefining Normal**  
*Take One Table Items*  
[www.re-definingnormal.com](http://www.re-definingnormal.com)  
Kalamazoo, MI

**Life Skills Reimagined**  
[www.lifeskillsreimagined.com](http://www.lifeskillsreimagined.com)  
Loveland, OH

**Troy University**  
[www.troy.edu](http://www.troy.edu)  
Tampa, FL

**Brooke Biederstedt**  
 Director of Independent Living  
 Services  
 Nexus PATH  
 Fargo, ND

**Dr. Althea Blake**  
 RISE Program Coordinator  
 St. Petersburg College  
 St. Petersburg, FL

**William (Billy) Boone**  
 Young Adult (17-25 year old)  
 Life Coach  
 Deltona, FL

**Melissa Briggs**  
 Topeka, KS

**Stacia Burlingame**  
 After Care Coordinator  
 Montgomery County Job and  
 Family Services  
 Dayton, OH

**Alphonza "Al" Bush Jr.**  
 Case Manager II and Certified  
 Life Coach & Advisor  
 Florida United Methodist  
 Children's Home  
 Enterprise, FL

**Jamole Callahan**  
**KEYNOTE SPEAKER**  
 The Daily JAM  
 Large, MD

**Jennifer Campbell**  
 Director of Operations  
 Pink Leaf: A Learning Company  
 Muncie, IN

**Johnny Campbell**  
 Speak On IT  
 Clermont, FL

**Robens Chery**  
 CEO  
 Principle Life Youth  
 Development  
 Sunrise, FL

**Betty Crafter**  
 Bridges Liaison  
 The Village Network  
 Columbus, OH

**Joy Currence**  
 Lewisville, TX

**Demonte Dismuke**  
 Youth Services Program  
 Manager  
 SaintA  
 Milwaukee, WI

**Doris Edelmann**  
 ACTION OHIO  
 Montgomery County Job and  
 Family Services  
 Dayton, OH

**Anisa Evans**  
 Older Youth Initiatives Manager  
 Indiana Department of Child  
 Services  
 Indianapolis, IN

**Stephen Ferrante**  
 Principal Partner  
 Group Victory  
 Fort Lauderdale, FL

**Ian Forber-Pratt**  
 Chief Executive Officer  
 The Institute for Child Welfare  
 Innovation  
 Saint Louis, MO

**Christine Frederick**  
 Chief Executive Officer  
 FLITE Center  
 Fort Lauderdale, FL

**Marquita Green**  
 Consultant  
 ReGroup4Change LLC  
 Jacksonville, FL

**Oliver Green**  
 Consultant  
 ReGroup4Change LLC  
 Jacksonville, FL

**Michael Guinn, MSW**  
 Permanent Supportive Housing  
 Coach  
 TRAC CitySquare  
 Dallas, TX

**Tammy Guns**  
 CEO  
 Greenwood Village, CO

**Justin Hayden**  
 Indiana Youth Advisory Board  
 Leadership Team  
 Foster Success  
 Indianapolis, IN

**Tyler Hunter**  
 Wright & Hunter Consulting  
 LLC  
 Taylor Mill, KY

**Monica Jeffcoat**  
 Director of Residential Services  
 Helping Hands, Inc.  
 Aiken, SC

**Dolores King**  
 Founder/ Transformational  
 Trainer and Consultant  
 King Professional Development  
 and Consulting  
 Jacksonville, FL

**Stephaney Knight**  
 Indiana Youth Advisory Board  
 Leadership Team  
 Foster Success  
 Indianapolis, IN

**Mark Kroner, MSW,LSW**  
 National Trainer/Consultant  
 Cincinnati, OH

**Cara Malave**  
 Chief Program Officer  
 FLITE Center  
 Fort Lauderdale, FL

**Brandie McCabe**  
 Youth Initiatives Director,  
 Selfless Love Foundation,  
 Florida  
 Former Chafee Program  
 Administrator, Florida  
 LYFT Learning  
 Loveland, OH

**Peggy McElgunn**  
 CEO  
 Proven Quality Practices  
 Midlothian, VA

**Zachary McElgunn**  
 VP Education  
 Proven Quality Practices  
 Midlothian, VA

**Adrian M. McLemore**  
**KEYNOTE SPEAKER**  
 The Daily JAM  
 Baltimore, MD

**Tammy Miller**  
 Child Advocate Manager  
 Guardian ad Litem  
 Tampa, FL

**Ed Morales**  
 Social Worker, Principal  
 Socorro Consulting  
 Minneapolis, MN

**Melanie Moredock**  
 Chief Operating Officer  
 The Institute for Child Welfare  
 Innovation  
 Saint Louis, MO

**Melissa Packwood, M.S. Ed.**  
 Intuitive Behavioral and  
 Educational Strategies, LLC  
 Leesburg, FL

**Genesis Paul**  
 Nexus PATH  
 Fargo, ND

**Julie Pennington**  
 Montgomery County Supervisor  
 Montgomery County Job and  
 Family Services  
 Dayton, OH





## Level One Meeting Space



## Level Two Meeting Space

