32nd Annual
“Growing Pains 2019”
For adults and youth

15+ CEUs Available!

National Independent Living Conference
August 27-30, 2019 - Orlando, Florida
Exploring Best Practices and Innovations in Independent Living
Dear Colleagues,

I would like to extend an invitation to each of you to the 32nd Annual National Independent Living Conference hosted by the Daniel Memorial Institute in the exciting city of Orlando, FL. Once again, we have gathered the most knowledgeable and compelling speakers and educators from around the country to make this a premier independent living event that is not to be missed!

Over the course of the conference, you will learn valuable information that will help you improve outcomes for teens for your respective independent living programs or for your own individual organizations. With an expected attendance of over 600 like-minded professionals, the networking opportunities to learn and grow from the expertise and experiences of others in the field will be priceless. All conference workshops will address the critical issues that affect the youth that we serve as well as provide solutions to assist them in becoming resilient, independent and motivated members of their communities.

I hope you will join us in Orlando, August 27-30, for “Growing Pains 2019.”

Lesley Wells  
Lesley Wells, President/CEO  
Daniel Memorial, Inc.

Exhibit at the Conference

There is still time to be a part of this impactful event. Agencies and organizations that would like to promote products and services are encouraged to exhibit at our annual conference. Exhibits will be located in high traffic areas central to all breaks.

Some advantages of being an Exhibitor at Daniel’s conferences include:

- Market your product or service to hundreds of Social Work Professionals  
- Network with influential child welfare leaders from all over the country  
- Enhance your organization’s prominence in the social service arena  
- Promote your organization in the on-site and online conference brochure

Exhibit Space Fee: $345.00  
Take-One Free Table: $100.00

Conference Hotel

Hotel charges are not included in conference registration fee.

This year’s conference will be held at the Rosen Centre Hotel (9840 International Drive, Orlando, FL 32819). In addition to an array of recreation activities onsite, the hotel offers the perfect base to explore Orlando’s world-famous attractions—all within minutes.

Reservations can be made online or by calling the Rosen Centre Hotel directly at 800.204.7234. Reference Daniel Memorial when making reservations in order to secure the group rate. *See below for deposit and cancellation policy.

Discount Room Rate: $105.00 per night (single or double) — Reservations must be made by Monday, August 5, 2019 in order to guarantee the discounted group rate. After that date, reservations will be accepted on a space available basis at the discretion of the hotel.

*In order to confirm a room, the hotel requires a first night deposit in advance of the conference start date. Checks, cash and major credit cards are acceptable to establish prepayment.

Parking: Fees waived for conference attendees

Conference Questions?  
Contact Information:

Daniel Memorial Institute  
Stephanie Waugerman, Associate Director of Conferences  
4203 Southpoint Blvd. - Jacksonville, FL 32216  
p: (904) 296-1055 x1013; f: (904) 353-3472  
conferences@danielkids.org; www.danielkids.org

Continuing Education Units

Daniel Memorial is approved for CEUs by the Florida Board of Clinical Social Work, Marriage and Family Therapy, Mental Health Counseling and Certified Master Social Worker. Provider # 50-481, expires 03/31/21. Individuals needing CEU filing will be assessed an administrative fee of $15. It is your responsibility to contact your local licensing/certification board directly to determine CE eligibility and filing requirements in your state.

To reserve your space today, visit www.danielkids.org or call 1-800-226-7612
Conference presenters include top leaders and experts in the field of independent living. The national youth conference is comprised of special sessions dedicated to the needs of youth who are currently in care. These include training sessions, workshops, panel discussions and leadership/team building activities. Each general session and workshop will present innovative ideas on how youth can deal with life's ever changing situations. "Growing Pains 2019" will offer numerous seminars, workshops and exhibits to assist personnel who are dedicated to helping teens become competent, responsible, independent adults.

**NOTE:** The conference invitation includes workshop titles only. For full workshop descriptions and presenter information, please visit our web site (www.danielkids.org) and follow the "Conferences" tab to open the Session Schedule.

**Adult workshops being offered include:**
- Gang Sex Trafficking: What you need to know!
- Diagnosis Meanings And Treatment Options
- Are you using the C.H.A.N.G.E. formula?
- Real Support for Direct Support Staff
- Circles of Safety: Integrating Sexual Abuse Prevention into Professional Care
- Leadership in Developing a Transition Program for Youth Aging Out of Residential and Foster care
- Successful Strategies for Understanding and Working with Adolescents
- How to Create Your Own Residential Independent Living Program
- Building Capacity for Foster Youth Through Enhancing Cultural Humility
- Effectively Engaging Young People
- Permanency isn’t always Permanent: The Role of the IL Field in the Permanency Process
- Developing a Comprehensive Transition System of Care for Older Youth
- Housing Options for Independent/Transitional Living Programs
- Rethinking Challenging Kids: Collaborative Problem Solving
- Unpacking the No: Developing the Relationship
- “Stop that or else!” Responding therapeutically to challenging behavior
- “Leave me alone! Wait, come back...” Understanding Rubber-Band Relationships
- Transformational: Learn to create relevant, and impactful life skills programming
- Brains, Behavior and Regulation—Understanding Trauma through a new Lens
- The Cost of Caring—Secondary Trauma and Burnout
- Knowledge to Action: Helping Teens to Access Sexual Health Services
- The Neuroscience of Teaching Teens: What’s Hot and What’s Not
- Deeper Than Love
- Implications of Attachment Issues: Childhood Through Adult Self Care is NOT Selfish!!
- Helping Youth Thrive Through Social Connections
- Resiliency: It’s not just for our families

**Adult/Youth workshops being offered include:**
- Navigating Foster Youth on a Journey to Success
- Danger Warning! Understanding the Dynamics of Social Media Human Trafficking
- Serving Your State as a Youth Ambassador
- Increasing Self-Sufficiency in Youth Through Harm Reduction and Strengthening Informal Supports
- Historic Opportunity for Change: Youth Perspective in Implementation of the FFPSA
- Foster Youth Informed and Involved: Improving Youth Participation in Case Planning
- How to Start a FosterClub Community
- Intentional Choice
- L.I.T. (Leaders Inspiring Transformation) Youth leadership Development Workshop
- College is Possible: Maximizing Resources to Address Mental Health Issues
- Grief: It’s ok to not be ok
- Providing Services to Lesbian, Gay, Bisexual, and Transgender Youth in Care
- “What’s in YOUR Wallet?” Understanding adult issues in crisis
- Navigating the Post-Secondary Education Pathway for Foster Youth
- Youth Depression and Suicide
- The Truth About Transitioning Out of Care: A Youth Voice Perspective
- Transitioning youth from surviving to thriving in adulthood
- For the Cause: Advocating Through Experience
- Effective Communication Skills for Romance, Work, and Other Relationships
- LGBTQIA + Foster Youth
- Square One Pathways: Preparing Students for Success in the New Economy

**Youth* workshops being offered include:**
- Chase the Bag; Don’t Let the Bag Chase You!
- Igniting the fire within
- Killer Confidence: Six Minute to Success
- Live Your Best Life!
- Shhh...don’t tell - The Dynamics of Secrets
- What are you selling?

*Youth attendees are determined by the appropriate workshop topics applicable (not necessarily by age). Adult workshops are geared to professionals working with youth in independent living and foster care programs whereas the youth workshops are geared to those needing to develop the skills necessary to transition into independent living.*
<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td><strong>TUESDAY, AUGUST 27, 2019</strong></td>
<td>Registration/Information Booth Open</td>
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<tr>
<td>7:00 am - 8:00 pm</td>
<td>Welcome Dessert Reception</td>
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<td>10:00 am - 3:00 pm</td>
<td>Pre-Conference Institutes <em>(lunch on your own)</em></td>
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<td><strong>WEDNESDAY, AUGUST 28, 2019</strong></td>
<td>Registration/Information Booth Open</td>
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<tr>
<td>7:30 am - 4:00 pm</td>
<td>Opening General Session</td>
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<tr>
<td>9:00 am - 10:15 am</td>
<td>Adult Workshops - Session A</td>
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<tr>
<td>10:30 am - 12:00 pm</td>
<td>Youth General Session</td>
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<tr>
<td>12:00 pm - 1:00 pm</td>
<td>Lunch <em>(provided)</em></td>
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<tr>
<td>1:00 pm - 2:30 pm</td>
<td>Session B Workshops</td>
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<tr>
<td>2:45 pm - 4:15 pm</td>
<td>Session C Workshops</td>
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<tr>
<td>4:30 pm - 5:30 pm</td>
<td>Bonus Session-Panel</td>
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<tr>
<td>6:30 pm - 9:00 pm</td>
<td>Movie Night: Shazam!</td>
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<td><strong>THURSDAY, AUGUST 29, 2019</strong></td>
<td>Registration/Information Booth Open</td>
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<tr>
<td>9:00 am - 10:15 am</td>
<td>General Session II</td>
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<tr>
<td>10:30 am - 12:00 pm</td>
<td>Session D Workshops</td>
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<tr>
<td>12:00 pm - 1:30 pm</td>
<td>Lunch <em>(On your own)</em></td>
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<tr>
<td>12:30 pm - 1:15 pm</td>
<td>Bonus Session <em>(Adult)</em>: Lunch 'n Learn (ILS v10)*</td>
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<td>1:30 pm - 3:00 pm</td>
<td>Session E Workshops</td>
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<tr>
<td>3:15 pm - 4:45 pm</td>
<td>Bonus Session-Panel</td>
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<td>7:30 pm - 10:00 pm</td>
<td>Party/Dance</td>
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<td><strong>FRIDAY, AUGUST 30, 2019</strong></td>
<td>Registration/Information Booth Open</td>
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<tr>
<td>9:00 am - 10:30 am</td>
<td>Session F Workshops</td>
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<tr>
<td>10:30 am - 12:00 pm</td>
<td>General Session III</td>
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To reserve your space today, visit www.danielkids.org or call 1-800-226-7612
WORKSHOP SELECTIONS
Providing selections assists in room assignments only and does not guarantee seating.

<table>
<thead>
<tr>
<th>Session</th>
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MARKETING SURVEY
How did you hear about the conference?

- Brochure via mail
- Email marketing
- Social Media posts
- IL State Coordinator
- DMI Website
- Postcard
- Other: ____________

Is this your first time attending the GP Conference?  Yes  No

A gift for our paid registrants!!

<table>
<thead>
<tr>
<th>T-Shirt Size: (circle one)</th>
<th>Small</th>
<th>Medium</th>
<th>Large</th>
<th>X-Large</th>
<th>XX-Large</th>
<th>XXX-Large</th>
<th>No Shirt</th>
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REGISTRATION OPTIONS:

**Check One**

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<thead>
<tr>
<th>Youth Registration Rates</th>
<th>Adult Registration Rates</th>
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<tbody>
<tr>
<td>Register on or before July 23, 2019</td>
<td>Register on or after July 24, 2019</td>
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<tr>
<td>Youth Registration Rates</td>
<td>Adult Registration Rates</td>
</tr>
<tr>
<td>$265.00  Conference Only (Aug 28-30)</td>
<td>$295.00  Conference Only (Aug 28-30)</td>
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<tr>
<td>$360.00  Pre-Con and Conference (Aug 27-30)</td>
<td>$390.00  Pre-Con and Conference (Aug 27-30)</td>
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<tr>
<td>Youth Registration Rates</td>
<td>Adult Registration Rates</td>
</tr>
<tr>
<td>$305.00  Conference Only (Aug 28-30)</td>
<td>$345.00  Conference Only (Aug 28-30)</td>
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<tr>
<td>$450.00  Pre-Con and Conference (Aug 27-30)</td>
<td>$490.00  Pre-Con and Conference (Aug 27-30)</td>
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**Primary Presenter Registration**

Will you attend the pre-conference?  
**$245.00 Discounted Presenter Rate**

Will you attend the pre-conference?  

**METHOD OF PAYMENT:** (check one)

- Check Enclosed (Ck# ____________)  
  (Make check payable to Daniel Memorial, Inc. - Federal ID# 59-3067752)
- Purchase Order # ____________
- Credit Card (American Express, MasterCard, Visa, Discover)

Card Number: ____________

Expiration Date: ____________

Security #: ____________

Name on Card: ____________

Signature: ____________

**Transfer/Cancellation policy:** Transfer of registration to another person may be done at any time without a fee. Please notify the Conference Coordinator of all changes. All requests for cancellation must be received in writing and postmarked by the following dates to receive a refund. A full refund (less a $50 processing fee) is available through July 30, 2019. A 50 percent refund (less a $50 processing fee) is available through August 13, 2019. No refunds thereafter. Please note if you do not cancel or attend the conference you are still responsible for payment.

**NOTE:** Paid registrations with no shirt size indicated will receive an XL by default.

**Easy online registration available at www.danielkids.org**
Please let us know if you received duplicate mailings or if any contact information needs to be corrected.

Please share this invitation with other Independent Living or Foster Care Professionals.

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